

Friday Mar-01	Saturday Mar-02	Sunday Mar-03	Monday Mar-04	Tuesday Mar-05	Wednesday Mar-06	Thursday Mar-07
Breakfast						
Hard Cooked Egg <i>Alt. Ham and Egg Bake</i> Sausage Patty Wheat Toast Margarine Jelly <i>Alt. Cream of Wheat</i> <i>Alt. Brown Sugar</i> <i>Alt. Scone</i> Cinnamon Applesauce <i>Alt. Grapes</i> Coffee Skim Milk	Sausage Gravy Biscuit <i>Alt. Oatmeal</i> <i>Alt. Pecan Topping</i> <i>Alt. Cinnamon Sugar</i> <i>Alt. Assorted Muffins</i> <i>Alt. Applesauce Muffin</i> Poached Egg <i>Alt. Turkey Sausage Link</i> Berry Mix Fresh <i>Alt. Diced Peaches</i> Coffee Coffee Skim Milk	Waffle Blueberry Compote Topping <i>Alt. Butter & Syrup</i> <i>Alt. Malt-O-Meal</i> <i>Alt. Brown Sugar</i> <i>Alt. Croissant</i> Bacon <i>Alt. Fried Egg</i> Strawberries Grapes Mix <i>Alt. Diced Pears</i> Coffee Skim Milk	Omelet <i>Alt. Sausage Links</i> Hashbrowns <i>Alt. Oatmeal</i> <i>Alt. Cinnamon Sugar</i> <i>Alt. Pecan Topping</i> <i>Alt. Cinnamon Twist</i> Fresh Banana <i>Alt. Berry Cup</i> Coffee Skim Milk <i>Alt. Vanilla Yogurt</i>	Quiche Lorraine <i>Alt. Scrambled Eggs</i> Cream of Wheat Brown Sugar Cinnamon Sugar <i>Alt. Glazed Doughnut</i> Bacon Mango Cup <i>Alt. Fresh Fruit Cup</i> Coffee Skim Milk	Oatmeal <i>Alt. Cinnamon Sugar</i> <i>Alt. Breakfast Pie</i> Wheat Toast Butter & Jelly Sausage Links Scrambled Eggs Mandarin Oranges <i>Alt. Assorted Danish</i> Coffee Skim Milk	French Toast Butter & Syrup <i>Alt. Coffee Cake</i> <i>Alt. Malt-O-Meal</i> Sausage Patty <i>Alt. Sausage Egg & Cheese Breakfast Sandwich</i> Melon Cubes <i>Alt. Fruit Medley</i> Coffee Skim Milk
Lunch						
Roast Beef <i>Alt. Turkey Reuben Sandwich</i> <i>Alt. Broccoli Cheese Soup</i> Mashed Potatoes Brown Gravy Baby Carrots <i>Alt. Whole Kernel Corn</i> Dessert Pudding Layer CR Skim Milk	Meatloaf <i>Alt. Chicken Tater Tot Casserole</i> <i>Alt. Thai Shrimp Soup</i> Macaroni & Cheese Brussels Sprouts <i>Alt. Vegetable Blend</i> Fruit Cocktail <i>Alt. Coconut Pecan Pie</i> Skim Milk	Fish Nuggets <i>Alt. Weiner Winks</i> <i>Alt. Zuppa Toscana</i> Cheesy Rice Broccoli Florets <i>Alt. Green Peas</i> Peach Crisp Skim Milk	Bacon Cheeseburger Casserole <i>Alt. Garlic Parmesan Chicken</i> <i>Alt. Soup of the Day</i> Breadstick <i>Alt. Baked Sweet Potato</i> <i>Alt. Cornbread</i> Cauliflower <i>Alt. Green Beans</i> Tropical Fruit <i>Alt. Chocolate Chip Cookie</i> Iced Tea Skim Milk	Beef and Noodles <i>Alt. Nachos Pulled Pork</i> <i>Alt. Chicken Enchilada Soup</i> Mashed Potatoes Boil in Bag <i>Alt. Spanish Rice</i> Bermuda Vegetable Blend <i>Alt. Hacienda Corn & Black Beans</i> Red Star Cake Skim Milk	Pasta Bar <i>Alt. Alfredo Sauce</i> <i>Alt. Marinara Sauce</i> <i>Alt. Grilled Chicken Strips</i> <i>Alt. Cheese Tortellini</i> <i>Alt. Fettuccine Noodles</i> <i>Alt. Bosco Sticks</i> Italian Vegetable Blend <i>Alt. Sliced Carrots</i> Fruit Mix <i>Alt. Angel Food Cake</i> Skim Milk	Chicken Florentine with Spinach <i>Alt. Baked Herb Fish</i> <i>Alt. Potato Bacon Soup 2</i> Sour Cream Mashed Potatoes Asparagus <i>Alt. Vegetable Blend</i> Chocolate Oatmeal Bars <i>Alt. Lime Gelatin</i> Skim Milk
Dinner						
Bacon Cheeseburger French Fries Winter Vegetable Blend Blueberries <i>Alt. Peanut Butter Bar</i> Skim Milk	Smothered Chicken <i>Alt. Broccoli Cheese Soup</i> Baked Potato Sugar Snap Peas Chocolate Cake Skim Milk	Grilled Cheese Sandwich Cream of Tomato Soup Zucchini Pineapple Tidbits <i>Alt. Chef's Choice Pie</i> Skim Milk	Roast Turkey Mashed Potatoes Roasted Turkey Skillet Gravy Vegetable Blend Caramel Brownie Skim Milk	Reuben Sandwich <i>Alt. Chicken Nuggets</i> French Fries Capri Vegetable Blend Honeydew Melon <i>Alt. Rice Krispie Bar</i> Iced Tea Skim Milk	Buttered Chicken Baked Sweet Potato Vegetable Blend Fresh Fruit in Season <i>Alt. Snowball Cookies 2</i> Skim Milk	Chili Beef with Beans <i>Alt. Baked Potato</i> Whole Kernel Corn Diced Peaches <i>Alt. Cinnamon Roll</i> Skim Milk

Friday Mar-08	Saturday Mar-09	Sunday Mar-10	Monday Mar-11	Tuesday Mar-12	Wednesday Mar-13	Thursday Mar-14
Breakfast						
Biscuit Sausage Gravy <i>Alt. Oatmeal</i> <i>Alt. Brown Sugar</i> <i>Alt. Assorted Muffins</i> Scrambled Eggs <i>Alt. Poached Egg</i> <i>Alt. Sausage Links</i> Sliced Strawberries Coffee Skim Milk	Hashbrown Casserole <i>Alt. Cream of Wheat</i> <i>Alt. Brown Sugar</i> <i>Alt. Cinnamon Sugar</i> Fried Egg <i>Alt. Bacon</i> Wheat Toast Butter & Jelly <i>Alt. Long John</i> Mango Cup Coffee Skim Milk	Scrambled Egg with Cheese <i>Alt. Egg</i> Sausage Patty <i>Alt. Hashbrown Patty</i> <i>Alt. Oatmeal</i> <i>Alt. Cinnamon Sugar</i> <i>Alt. Pecan Topping</i> Mandarin Oranges Bread of Choice Coffee Skim Milk	Malt-O-Meal Brown Sugar <i>Alt. Hashbrowns</i> <i>Alt. Coffee Cake</i> Southwest Egg Bake <i>Alt. Eggs to Order</i> <i>Alt. Sausage Patty</i> Diced Peaches Coffee Skim Milk	Oatmeal Cinnamon Sugar <i>Alt. Pecan Topping</i> Wheat Toast Butter & Jelly <i>Alt. Croissant</i> Omelet Scramble <i>Alt. Bacon</i> <i>Alt. Fried Egg</i> Grapes Coffee Skim Milk	Sausage Breakfast Pizza <i>Alt. Sausage Links</i> <i>Alt. Cream of Wheat</i> <i>Alt. Brown Sugar</i> <i>Alt. Cinnamon Sugar</i> <i>Alt. Scone</i> <i>Alt. Scrambled Eggs</i> Vanilla Yogurt Fruit Cup Coffee Skim Milk	Chocolate Chip Pancakes Butter & Syrup <i>Alt. Oatmeal</i> <i>Alt. Cinnamon Sugar</i> <i>Alt. Pecan Topping</i> <i>Alt. Monkey Bread 2</i> Bacon Fruit Cocktail Coffee Skim Milk
Lunch						
Meatball Hoagie <i>Alt. Cheddar Ranch Chicken</i> <i>Alt. Cheddar Cheese Soup</i> <i>Alt. Baked Potato</i> Peas & Carrots <i>Alt. Capri Vegetable Blend</i> Apricot Halves <i>Alt. Chocolate Marshmallow Bars</i> Skim Milk	Honey Garlic Chicken <i>Alt. Drenched BBQ Beef Brisket</i> <i>Alt. Sandwich</i> <i>Alt. Creamy Tortellini Soup</i> Baked Sweet Potato <i>Alt. Macaroni & Cheese</i> Zucchini <i>Alt. Whole Kernel Corn</i> Cookie Skim Milk	Smothered Pork Chops <i>Alt. Adult Grilled Cheese</i> <i>Alt. Tomato Bisque Soup</i> Sour Cream Mashed Potatoes Green Bean Casserole <i>Alt. Broccoli & Cauliflower</i> Applesauce <i>Alt. Cherry Cobbler</i> Skim Milk	Stuffed Green Pepper <i>Alt. Cheesy Ham & Potato Casserole</i> <i>Alt. Chicken Lemon Rice Soup</i> Dinner Roll Vegetable Blend <i>Alt. Brussels Sprouts</i> Fruits of the Forest Pie <i>Alt. Strawberry Gelatin</i> Skim Milk	Korean Grilled Chicken <i>Alt. Reuben Sandwich</i> <i>Alt. Philly Cheese Steak Chowder</i> Scalloped Potatoes Winter Vegetable Blend <i>Alt. Summer Squash</i> Blushing Pears <i>Alt. Toll House Pie</i> Skim Milk	Swedish Meatballs <i>Alt. Breaded Chicken Sandwich</i> <i>Alt. Cauliflower Cheese Soup</i> <i>Alt. Fried Side</i> Vegetable Blend <i>Alt. Green Peas</i> Mixed Berry Cobbler Skim Milk	Salisbury Steak <i>Alt. Chicken Tenders</i> <i>Alt. Santa Fe Soup</i> Mashed Potatoes Brown Gravy Mixed Vegetables <i>Alt. Zucchini</i> Cinnamon Baked Apples <i>Alt. Rice Krispies Bar</i> Skim Milk
Dinner						
Salisbury Steak Mashed Potatoes Brown Gravy Brussels Sprouts Pumpkin Bars Skim Milk	Hamballs Hashbrown Casserole Vegetable Blend Berry Cup <i>Alt. Strawberry Shortcake</i> Skim Milk	Chicken Cordon Bleu <i>Alt. Cheddar Cheese Soup</i> Baked Potato Peas & Carrots Pudding Parfait <i>Alt. Fruit Cup</i> Milk	Sweet Sour Chicken Lo Na Steamed Rice Egg Roll Sweet and Sour Sauce Stir Fry Vegetable Blend Pineapple Chunks <i>Alt. Triple Delight</i> Skim Milk	Roast Beef Mashed Potatoes Brown Gravy Green Beans Chocolate Cheesecake Iced Tea Skim Milk	Chicken & Noodles Mashed Potatoes Baby Carrots Fresh Fruit in Season <i>Alt. Oatmeal Bar</i> Skim Milk	Baked Chicken Baked Potato Roasted Winter Vegetables Peanut Butter Cookie Skim Milk

Friday Mar-15	Saturday Mar-16	Sunday Mar-17	Monday Mar-18	Tuesday Mar-19	Wednesday Mar-20	Thursday Mar-21
Breakfast						
Sausage Links Cheesy O'Brien Egg <i>Alt. Eggs to Order</i> English Muffin Margarine & Jelly <i>Alt. Malt-O-Meal</i> <i>Alt. Brown Sugar</i> <i>Alt. Cinnamon Twist</i> Fruit Cup Skim Milk Coffee	Breakfast Burrito <i>Alt. Bacon</i> <i>Alt. Oatmeal</i> <i>Alt. Brown Sugar</i> <i>Alt. Hashbrowns</i> Vanilla Yogurt Sliced Strawberries <i>Alt. Hot Apple Sticks</i> Skim Milk Coffee	Waffle Butter & Syrup <i>Alt. Cream of Wheat</i> <i>Alt. Brown Sugar</i> <i>Alt. Assorted Muffins</i> Scrambled Eggs Sausage Links Mandarin Oranges Skim Milk Coffee	Smothered Hash <i>Alt. Oatmeal</i> <i>Alt. Cinnamon Sugar</i> <i>Alt. Brown Sugar</i> Fried Egg <i>Alt. Sausage Patty</i> White Toast Butter & Jelly <i>Alt. Cinnamon Roll Cake</i> Diced Peaches Coffee Skim Milk	Pancakes Butter & Syrup <i>Alt. Malt-O-Meal</i> <i>Alt. Brown Sugar</i> <i>Alt. Scone</i> Bacon Egg of Choice Fruit Mix Skim Milk Coffee	Sausage Egg & Cheese Biscuit Casserole <i>Alt. Oatmeal</i> <i>Alt. Cinnamon Sugar</i> <i>Alt. Brown Sugar</i> <i>Alt. Scrambled Eggs</i> <i>Alt. Pumpkin Bread</i> <i>Alt. Sausage Patty</i> Pear <i>Alt. Fresh Fruit Cup</i> Skim Milk Coffee	Cream of Wheat Brown Sugar <i>Alt. Cinnamon Sugar</i> <i>Alt. Croissant</i> Bacon <i>Alt. Corned Beef Hash</i> <i>Alt. Croissant Breakfast Sandwich</i> <i>Bacon</i> Poached Egg Grapes Vanilla Yogurt Skim Milk Coffee
Lunch						
Bruschetta Chicken <i>Alt. Grilled Ham & Cheese Sandwich</i> <i>Alt. Cream of Tomato Soup</i> Scalloped Potatoes <i>Alt. Fried Side</i> Roasted Winter Vegetables <i>Alt. Whole Kernel Corn</i> Blueberry Cheesecake Bars <i>Alt. Blushing Pears</i> Skim Milk	Hamburger on a Bun <i>Alt. Butterfly Shrimp</i> <i>Alt. Chicken Pot Pie Soup</i> <i>Alt. Oven Roasted Potatoes</i> <i>Alt. Broccoli Rice Au Gratin</i> Green Beans <i>Alt. Creamed Peas</i> Grapes <i>Alt. Pumpkin Dump Cake</i> Skim Milk	Roast Beef <i>Alt. Turkey Club Sandwich</i> <i>Alt. Cheddar Cheese Soup</i> Mashed Potatoes Brown Gravy Baby Carrots <i>Alt. Vegetable Blend</i> Cherry Crisp Skim Milk	Country Fried Steak w/ Cream Gravy <i>Alt. Lime Chicken Tacos</i> <i>Alt. Creamy Mexican Corn Chowder</i> Mashed Potatoes Country Gravy Zucchini & Yellow Squash <i>Alt. Green Beans</i> Fresh Fruit <i>Alt. White Texas Sheet Cake</i> Skim Milk	Beer Battered Fish Apple Cider <i>Alt. Chicken Cornbread Casserole</i> <i>Alt. Chili Beef with Beans</i> Bread with Margarine <i>Alt. Baked Potato</i> <i>Alt. Cinnamon Roll</i> Vegetable Blend <i>Alt. Mixed Vegetables</i> Sherbet Milk	Baked Ziti with Meatsauce <i>Alt. Chicken Quesadilla</i> <i>Alt. Potato Bacon Soup 2</i> Garlic Breadstick Baby Carrots <i>Alt. Hacienda Corn & Black Beans</i> Mandarin Oranges <i>Alt. Peanut Butter Pie</i> Skim Milk	Chicken Adobado <i>Alt. Hot Ham & Cheese</i> <i>Alt. Broccoli Cheese Soup</i> Baked Sweet Potato <i>Alt. Hashbrown Casserole</i> Asparagus <i>Alt. Green Peas</i> Sugar Cookie Skim Milk
Dinner						
Breaded Pork Patty on a Bun Fried Side Asparagus Berry Medley <i>Alt. Angel Food Cake</i> Skim Milk	Meatsauce with Spaghetti Noodles Garlic Bread Broccoli Florets Banana Cream Pie Skim Milk	Grilled Cheese Sandwich Cream of Tomato Soup Vegetable Blend Pineapple Chunks <i>Alt. Chocolate Diva Cake</i> Skim Milk	Smothered Chicken Baked Sweet Potato Whole Kernel Corn Applesauce Bar <i>Alt. Fresh Fruit in Season</i> Skim Milk	Beef Stew <i>Alt. Chicken Enchiladas</i> Biscuit <i>Alt. Spanish Rice</i> <i>Alt. Fire Roasted Corn & Black Beans</i> Tropical Fruit <i>Alt. Black Forest Cake</i> Skim Milk	Meatloaf Baked Potato Vegetable Blend Chocolate Crinkle Cookie <i>Alt. Peach Halves</i> Skim Milk	Chicken Tenders Fried Side Broccoli & Carrots Chocolate Cream Pie Skim Milk

Friday Mar-22	Saturday Mar-23	Sunday Mar-24	Monday Mar-25	Tuesday Mar-26	Wednesday Mar-27	Thursday Mar-28
Breakfast						
Scrambled Egg with Cheese <i>Alt. Sausage Patty</i> English Muffin Margarine & Jelly <i>Alt. Assorted Danish</i> <i>Alt. Hashbrown Patty</i> <i>Alt. Oatmeal</i> <i>Alt. Cinnamon Sugar</i> <i>Alt. Brown Sugar</i> Fresh Apple Slices Coffee Skim Milk	Hashbrown Casserole <i>Alt. Croissant Breakfast Sandwich</i> <i>Bacon</i> Bacon <i>Alt. Scrambled Eggs</i> Wheat Toast Butter <i>Alt. Assorted Muffins</i> <i>Alt. Malt-O-Meal</i> <i>Alt. Brown Sugar</i> Pineapple Chunks Coffee Skim Milk Banana Muffin	Quiche Lorraine <i>Alt. Sausage Links</i> Wheat Toast Margarine & Jelly <i>Alt. Oatmeal</i> <i>Alt. Pecan Topping</i> <i>Alt. Brown Sugar</i> <i>Alt. Monkey Bread 2</i> Vanilla Yogurt Strawberries Coffee Skim Milk	Egg <i>Alt. Sausage Links</i> White Toast Margarine & Jelly <i>Alt. Scone</i> Hashbrowns <i>Alt. Cream of Wheat</i> <i>Alt. Brown Sugar</i> <i>Alt. Cinnamon Sugar</i> Diced Peaches Coffee Skim Milk	CAL Breakfast Muffin <i>Alt. Sausage Patty</i> <i>Alt. Bacon</i> <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> <i>Alt. Oatmeal</i> <i>Alt. Brown Sugar</i> <i>Alt. Cinnamon Sugar</i> Berry Cup <i>Alt. Fruit Turnover</i> Coffee Skim Milk	Sausage Patty <i>Alt. Scrambled Eggs</i> Breakfast Pizza <i>Alt. Malt-O-Meal</i> <i>Alt. Brown Sugar</i> Long John Melon Cubes Coffee Skim Milk	Sausage Gravy Biscuit <i>Alt. Oatmeal</i> <i>Alt. Brown Sugar</i> <i>Alt. Cinnamon Sugar</i> Scrambled Eggs <i>Alt. Bacon</i> Blueberries Coffee Skim Milk Fruit Muffin
Lunch						
Tater Tot Casserole <i>Alt. Tuscan Chicken Pasta</i> <i>Alt. Sopa de Arroz</i> <i>Alt. Breadstick</i> <i>Alt. Fried Side</i> Brussels Sprouts <i>Alt. Vegetable Blend</i> Apple Oatmeal Bar Skim Milk	Beef Stew <i>Alt. Breaded Pork Patty</i> <i>Alt. on a Bun</i> <i>Alt. Cheddar Ranch Chicken</i> Biscuit <i>Alt. Tater Tots</i> Broccoli Florets <i>Alt. Vegetable Blend</i> French Cherry Dessert Skim Milk	Roast Turkey <i>Alt. Shrimp Fried Rice</i> <i>Alt. Taco Soup</i> Mashed Potatoes Turkey Gravy <i>Alt. Egg Roll</i> <i>Alt. Sweet and Sour Sauce</i> Baby Carrots <i>Alt. Stir Fry Vegetable Blend</i> Fresh Fruit Cup <i>Alt. Robert Redford Cake</i> Skim Milk	Baked Salmon Teriyaki Sauce <i>Alt. Sausage with Peppers & Onions</i> <i>Alt. Lasagna Soup</i> Garden Blend Rice <i>Alt. Fried Side</i> Vegetable Blend <i>Alt. Green Peas</i> Cinnamon Baked Apples <i>Alt. Apple Pie</i> Skim Milk	Chicken Cordon Bleu <i>Alt. Beef Enchiladas</i> <i>Alt. Cheeseburger Soup 2</i> Oven Roasted Potatoes <i>Alt. Spanish Rice</i> Brussels Sprouts <i>Alt. Whole Kernel Corn</i> Fresh Banana <i>Alt. Carrot Cake with Cream Cheese</i> <i>Frosting</i> Skim Milk	Shrimp Alfredo with Fettuccine <i>Alt. Walking Taco 3</i> <i>Alt. White Chicken Chili</i> Breadstick <i>Alt. Tater Tots</i> Green Beans <i>Alt. Winter Vegetable Blend</i> Chocolate Chip Cookie Skim Milk	Hamballs <i>Alt. Beef Patty Melt</i> <i>Alt. Chicken Enchilada Soup</i> Hashbrown Casserole <i>Alt. Fried Side</i> Vegetable Blend <i>Alt. Cauliflower</i> Grapes <i>Alt. Pumpkin Pie</i> Skim Milk
Dinner						
Sausage Gravy Biscuit <i>Alt. Hashbrowns</i> Pumpkin Cake Roll <i>Alt. Fresh Fruit in Season</i> <i>Alt. Vegetable Sticks</i> Skim Milk	Lasagna with Meatsauce Garlic Bread Vegetable Blend Fresh Fruit in Season <i>Alt. Peach Pie</i> Skim Milk	Country Fried Steak with Cream Gravy Mashed Potatoes Country Gravy Brussels Sprouts Chocolate Chip Bar Skim Milk	Hamburger on a Bun <i>Alt. Broccoli Cheese Soup</i> <i>Alt. Potato Wedges</i> Cauliflower Mandarin Oranges <i>Alt. Cheesecake</i> Skim Milk	Chicken & Noodles Mashed Potatoes Boil in Bag Zucchini Medley Cherry Bars Skim Milk	Breaded Chicken Sandwich Sour Cream Mashed Potatoes Malibu Vegetable Blend Fresh Fruit Cup <i>Alt. Corn Flake Peanut Butter Cookies</i> Skim Milk	Fried Popcorn Shrimp <i>Alt. Chicken Nuggets</i> French Fries Asparagus Pecan Pie Skim Milk

Clarinda Regional Health Center

Fall and Winter Regular Menus

Regular/No Added Salt

Week 5

Friday Mar-29	Saturday Mar-30	Sunday Mar-31	Monday	Tuesday	Wednesday	Thursday
Breakfast						
Cream of Wheat Brown Sugar <i>Alt. French Toast</i> Alt. Butter & Syrup Sausage Links Scrambled Eggs White Toast Margarine & Jelly <i>Alt. Cinnamon Twist</i> Fresh Apple Slices Skim Milk Coffee	Blueberry Pancakes Butter & Syrup <i>Alt. Oatmeal</i> Alt. Cinnamon Sugar Alt. Pecan Topping Alt. Assorted Danish Bacon Alt. Scrambled Eggs Honeydew Melon Skim Milk Coffee	Malt-O-Meal Brown Sugar Sausage Links Alt. Breakfast Burrito Eggs to Order Hashbrowns <i>Alt. Dutch Apple Coffee Cake</i> Fresh Fruit Cup Skim Milk Iced Tea				
Lunch						
Sloppy Joe Pizza <i>Alt. BLT Pizza</i> <i>Alt. Chicken Broccoli Alfredo Pizza</i> Alt. Deli Sandwich Bar Alt. Vegetable Soup Roasted Broccoli <i>Alt. Baby Carrots</i> Alt. Fried Side Sugar Cookie Skim Milk	Breaded Fish with Cheese on a Bun <i>Alt. Crispito</i> Alt. Cheese Sauce Alt. Philly Cheese Steak Chowder Alt. Spanish Rice Caribbean Vegetable Blend <i>Alt. Whole Kernel Corn</i> Berry Medley Alt. Pumpkin Roll Skim Milk	Beef Chili <i>Alt. Chicken & Noodles</i> <i>Alt. Loaded Baked Potato</i> Saltine Crackers Alt. Mashed Potatoes Alt. Fried Side Vegetable Sticks Alt. Broccoli & Cauliflower Alt. Green Peas Cinnamon Roll <i>Alt. Snickerdoodle Cookie</i> Skim Milk				
Dinner						
Roast Beef with Noodles Mashed Potatoes Whole Kernel Corn Mandarin Oranges <i>Alt. Apple Cobbler</i> Skim Milk	Turkey Bacon Club Sandwich Potato Wedges Cauliflower Frosted Banana Bars <i>Alt. Fruit Cocktail</i> Skim Milk	Sloppy Joe on a Bun Macaroni & Cheese Vegetable Blend Pineapple Chunks <i>Alt. Cookies & Cream Pie</i> Skim Milk				